

SATURDAY

Churches Together Prayer Breakfasts take place most Saturday mornings at 8.00 am in a different church each week. We give thanks for the friendship and fellowship enjoyed between people.

Pray for those exploring faith and those struggling in their faith.

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Space for your own ideas and reminders for prayer:

“Ask and it will be given to you; seek and you will find; knock and the door will be opened”. Matthew 7:7



“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God”. Philippians 4:6

Food for Prayer

(A PRAYER DIARY FOR THE WEEK)

This diary is offered as an aid to your prayers. They are just suggestions; please don't feel constrained by them. There'll be plenty more to pray for, not included here. But if they help get you started then that's good!

SUNDAY

Pray for our local churches and their members and ministers; those preaching and teaching; all involved in leading worship and welcoming: for Jesus to be glorified and made known. Why not pray for your own church and one other each week.

Our Anglican churches

- ◆ Acton with Great Waldingfield
- ◆ All Saints' Sudbury
- ◆ Box River Benefice (Boxford, Edwardstone, Groton, Newton, Little Waldingfield)
- ◆ Bures with Assington & Little Cornard
- ◆ Chadbrook Benefice (Holy Trinity and St Catherine's, Long Melford, Alpheton, Shimpling, Lawshall)
- ◆ Glem Valley Benefice (Glemsford with Fenstead End, Boxted, Hartest, Somerton, Stanstead)
- ◆ Lavenham and Preston St Mary
- ◆ St Andrew's, Great Cornard
- ◆ St Gregory's Sudbury

Other denominations

- ◆ Cornard Christian Fellowship
- ◆ Freedom Fellowship
- ◆ Glemsford Methodist church
- ◆ Grace Baptist church
- ◆ Jesus Reigns
- ◆ New Life church
- ◆ Our Lady & St John the Evangelist Roman Catholic church
- ◆ Quakers
- ◆ Salvation Army
- ◆ Springlands
- ◆ St John's Methodist church
- ◆ Stour Valley Vineyard church
- ◆ Sudbury Baptist church
- ◆ Suffolk Road church

MONDAY

- ◆ Our local schools: the many primary schools and our two secondary schools (Ormiston Academy and Thomas Gainsborough School) - for pupils and staff, visitors, volunteers and chaplains.
- ◆ Future Vision and Open the Book teams.
- ◆ Pre-schools and toddler groups.
- ◆ Abi's Footprints Baby Bank supporting parents of little ones.
- ◆ Eden's Project working with secondary age students.

TUESDAY

- ◆ Local charities and organisations supporting the elderly, the vulnerable and those in need. Your prayers could include:
 - ◆ The work of Number 72 Family & Community Centre
 - ◆ Storehouse Foodbank
 - ◆ Agape Café, Great Cornard
 - ◆ Open House and Community Lunches at the Christopher Centre
 - ◆ Causeway Fellowship and other organisations (such as The Bridge Project) supporting people with learning disabilities.
 - ◆ Go Start community transport.

WEDNESDAY

- ◆ Our civic society; our local Councils, businesses and shops.
- ◆ Our emergency services (police, paramedics and fire-fighters); our health and care services, including hospitals, GP practices, care homes and home carers.
- ◆ Those who face ill-health, both physical and mental.
- ◆ Elected representatives and appointed officials, that they work together for the common good.
- ◆ All those working for the wellbeing of others, that their work is valued and that they can put their best into it.

THURSDAY

- ◆ Churches Together in Sudbury & District: for its officers, members, forums and committees, that it may enhance the mission of the local churches, finding strength in doing things together and making Jesus known through word and action.
- ◆ Kettle & Fish, extending a welcome and hospitality as it serves food and refreshments.

FRIDAY

- ◆ Our Christian mission to care for our planet and for the community of all God's creation.
- ◆ Eco Church and local nature reserve Foxearth Meadows (both supported by A Rocha UK).
- ◆ The Fair Trade movement and charities working globally and supported locally, such as Tearfund and Christian Aid.