

The Christopher Centre report for CTiS&D

The Christopher Centre is a community hub that has been serving Sudbury and the surrounding villages for over 25 years. We are an almost self funding charity relying on the hire of our rooms for the majority of our income.

We hire our rooms to other charities, community groups and organisations that benefit the community to ensure they have a presence in the town. Our rates are low and affordable. Examples of charities we support in this way are:

The Leonard Cheshire Trust

Realize futures (both these charities support those with mental health issues, learning difficulties and Autism)

Lin Berwick Trust providing homes for those with severe disabilities.

Health Intelligence providing a Diabetic eye screening programme

National Childbirth Trust.

The Christopher Centre also has its own 'in house' support and social well being groups:

Open House and Community lunches every Monday

The Christopher Centre Singers every Tuesday. Open House you already have a report on. The Community singers on Tuesdays was formed with two aims in mind, to help combat isolation and exclusion for the members and to take singing out into the community. Prior to covid the singers went out to various nursing homes etc. We will be singing at William Woodhouse in December.

Our project in the pipeline is a Recycle and Repair workshop (Man Shed) to give local men a place to come together to learn new skills and form friendships.

At the start of the school summer holidays working with Ruth(St Johns) and Rachel(Salvation Army) we made up and delivered utilities hampers to families in need. These contained the more expensive weekly shop items which we hoped would then free up funds for the families to use for more pleasurable pursuits.

In order for the vital work of The Christopher centre to continue we must keep our room bookings full. We have a variety of rooms including those suitable for counselling. (times when we cannot accommodate a hirer we advise them to try the Friends Meeting House or All Saints).

Please do consider us when you are looking for a venue.

We are also in need of volunteers to man reception on Wednesday and Friday afternoons and we are looking for new trustees.

For bookings contact us on bookings@christophercentre.org.uk or for volunteering info@christophercentre.org.uk.

Most of all we would appreciate your prayers.

Teresa Bishop (Centre Manager).