



FOR IMMEDIATE RELEASE

## **24-7 Prayer Week in January 2015**

Stour Valley Vineyard is hosting a second week of prayer from **1pm on Sunday 18<sup>th</sup> to 12 midnight on Saturday 24<sup>th</sup> January 2015.**

We believe that prayer changes things, not least ourselves. It is not just something that Jesus asked us to do, but something that becomes an integral part of who we are.

In June 2014, we had our first very special week of 24/7 prayer. We invited people to sign up for one hour in our Prayer Room where they could encounter God through creative prayer. The results were far beyond our imaginations. Over the week we had more than 40 people from Stour Valley Vineyard and the local community signing up for an hour with God. Many people who visited the room would say that they would not normally find praying easy and certainly wouldn't have thought that they could pray for an hour. But being in that creative environment, the time seemed to fly by and they were able to engage deeply with God. Here are just a couple of comments that people made:

*"I would usually go to God with a list of requests, but in the prayer room I just sat still and listened and poured out my heart to Him. I had been suffering with a pain in my leg for some weeks before and I realised that, when my hour had finished, the pain had gone."*

*"I walked into the room and was so overwhelmed with God's presence in there that I just wept."*

24-7 Prayer is an international, interdenominational movement of prayer; mission and justice that began with a single, student led prayer vigil in England in 1999 and has spread, by word of mouth, into 100+ nations. If you would like to find out more visit - [www.24-7prayer.com](http://www.24-7prayer.com)

Once again, the Prayer Room will be open to local churches and the whole community. Many people talk to God for different reasons and we all have different ways of communicating. The Prayer Room is a creative space to allow us to interact with God in a variety of ways. We may talk, listen, sing, draw, paint, express our feelings through music or simply enjoy the silence.

If you would like to get involved, it's really easy and only takes two minutes, visit [www.stourvalleyvineyard.org/24-7-prayer](http://www.stourvalleyvineyard.org/24-7-prayer) to book your one-hour slot.

We have also produced an A4 poster and A6 postcard invite that you can use in your church, just click on the link to download the pdf:

[Poster](#)

[Postcard invite](#)

24-7 have also produced a short video that you might find useful, which explains what 24-7 prayer is about:

[24-7 video](#)

Blessings

Emma Stewart-Darling  
Senior Pastor

**ENDS**