

## Kettle & Fish News – Nov 2014

I'd like to share with you an experience that bowled me over during our holiday in Spain last month. I felt one morning that I needed to connect with God and that I would deliberately 'seek the Lord'.

I strolled down to the beach, where the beautiful dark blue Mediterranean Sea formed a perfect horizon with the beautiful light blue sky. There seemed to be a coming together of heaven and earth. God is never far away from us. But what made the whole experience really special was that the sun was shining brilliantly, and a wide beam of sunlight was shimmering and sparkling across the sea – and seemed to be coming straight at me. I stood in the warmth and light of God's love. The experience didn't finish there, though, because as I moved, the beam moved with me, kept pace with me, never left me. The love of God seemed to be focused on me, and I was able to let myself be absorbed by it, relax in it and enjoy being reassured of my God's love for me. Wherever I went it went too. It didn't seem to be doing that for other people, and when I went to the same spot on other days, it didn't reappear with the same power.

Cynics might say it was just an accident, a coincidence – but I strongly believe that God can use experiences such as that to minister to us. We just need to allow ourselves to be open to His presence. Such moments can be enriching, humbling, exciting, encouraging, motivating – God communicating with us in so many ways. It was a new experience for me, and I shall certainly be 'seeking the Lord' in other places again.

Malcolm

### Prayers for November

K&F lost 2 dear friends during October – John Whiteman a helper on Traidcraft and Eve one of our visitors. **Lord we bless you that these two dear people are close to You now, all suffering over.** Please hold their families in Your gentle loving arms, ease their pain and help them readjust.

Brenda Bristow Jones, whose card stall brings such beauty to K&F, is in West Suffolk Hospital with daily visits for treatment to Addenbrookes. **Lord we leave our dear sister and friend in Your care. She knows You, and she knows she will meet you face to face but please give her an extra touch of Your Presence whilst she waits to see what the future holds for her.**

Lord there is such darkness in our world – from Halloween, which some think harmless, to torture and death in Your Name. **Lord let the Light of the World – Jesus – shine into hearts and lives and prove what a blessing Your Presence can be.**

As our forces leave **Afghanistan** we pray earnestly for that country in their continued struggle and for our own forces wherever they may be deployed.

**We pray again for all those in authority, civic and religious leaders, any who wield power.** May their 'wisdom' come from You. May the strength of their hearts be fired by You. May they know God Himself, Father Son and Spirit and all that entails.

**The innocent Lord.** We pray for them – children, homeless, helpless, the endless suffering masses in Your world. Please bring Ebola to an end, give all of us a heart for others so we share everything we can with those who are without. Eleanor