

CHURCH BREAKFASTS CELEBRATE TEN YEARS!



Gill Phillips, Eleanor Ridge and Pat Ford

For the last ten years, members of the various churches have gathered regularly each Saturday morning at the crack of dawn (8am to be precise!) to join together for breakfast followed by prayer. This continues to go from strength to strength. Churches take it in turns to host breakfast, which usually comprises cereal and croissants, coffee and tea - although on special occasions, such as the first breakfast of 2014, it can be bacon baps!

The idea was originally organised by Roger Pullan, who led forward the vision of some of the Christians in the town to work together across all denominations in Sudbury, and to draw together the Christians from the towns' churches to pray for the people of Sudbury & District, the nation and the world. It was, and still is, particularly important that this takes place in a relaxed format of fellowship that includes time to chat and share over breakfast beforehand. A trial prayer breakfast in December 2003 proved so popular that in January 2004 the organising team set about planning more prayer breakfasts on a weekly basis.

On average, around 30 to 40 people attend each Saturday. Because each denomination has its own identity, these prayer breakfasts vary from church to church - but one thing is for sure: the dedicated people who help plan and organise them, as well as those who attend, would very much like you to join them! Even if you don't attend a church, please do come along - you can be sure of a very warm welcome. For further details please contact: Eleanor Ridge 01787 379329.

Lynda Sebbage

