

## FREE COURSE!

**CAP Money is a three-session course to get you back in control of your money**

Learn a simple system to help you budget, save and plan for the future.

'In just three evenings I was empowered to take control of my money and face the future with confidence.' - CAP Money Delegate

# CAP Money

[www.capmoney.org](http://www.capmoney.org)

CAP Money is brought to you by the debt counselling charity Christians Against Poverty. Registered Office: 100 Wakefield Road, South Shields, Tyne and Wear, NE33 1JQ. Charity Registered in England No. 1029477. Company Limited by Guarantee. Registered in England and Wales No. 4021193.

Details of your local CAP Money Course:

**Start Date:**

Wednesday 3<sup>rd</sup> Feb 2010

**Time:**

7.30pm

**Venue:**

Number 72  
North Street

**Run by:**

Sudbury

**Book by calling:**

01787 227689

or visit [www.capmoney.org](http://www.capmoney.org) to book

**All CAP Money Courses are FREE but booking is essential.**

## Manage your money, live your life

