

## Churches involved in Breakfasts:

Acton  
All Saints  
Cornard Christian Fellowship  
Friends  
Glemsford: St Mary's and Methodist  
Great Waldingfield  
Lavenham: St Peter & Paul and Salvation Army  
Living Waters  
Long Melford: Holy Trinity and United Reformed  
New Life Church Great Cornard  
St Andrew's  
St Gregory's  
St John's  
Sudbury Baptist  
Suffolk Road

# Sudbury & District Christians in Fellowship & Prayer



Prayer Breakfasts  
at various  
church venues



8-9.30 am Saturdays  
£1 each

## Prayer Breakfast Outline

Commencing in 2004 with a Continental Breakfast at a cost of just £1, we would spend half an hour eating and chatting together followed by a full hour in prayer. Gradually more churches realised the value of this Prayer Fellowship and joined us. A very loyal 'core' of 40+ people meet weekly as well as those who only join when their own church is hosting. Easily over 100 Christians are involved over the course of a year. Currently (2015) 18 churches are regularly involved. To enable us to be 'good stewards' we carry the overflow food from one church to the next. The cost of £1 has not increased in 10 years and the 'little' left over grows weekly and allows us on occasions to support various people or projects financially as well as prayerfully.

Towards the end of the Breakfast before leaving table, Notices are shared together, then the host church leads us into prayer with a short 'Thought'. With careful consideration for each other, we try to limit our prayers to no more than 3 times per person, kept as short as possible. Through the guidance of the Holy Spirit, we approach God spontaneously with anything on our hearts or pray silently. Consequently this also improves communication and we are often informed of news from other churches; we can share needs local and world-wide; we can also determine to become involved further if so led and we can keep the prayers for coming days. Of course we can take the details back to our own churches.

We have seen Churches Together in Sudbury & District grow and extend its borders taking on many new projects. We know of churches closer together now than they were 10 years ago.

**The blessings go on and on....**

## During our first 10 years 2004-2014

### We prayed for:

18/35's	Local Churches
Christian Aid	Christmas Hampers
CTiS & D projects	Easter Story x 3
Eden's Project	Enabling Group
Education	Explore
Fairtrade	Fellowship Football
Fellowship Snooker	Soul Cafe
Future Vision	Home of Hope
I-Spy Easter	Individuals
JagFest	Kettle & Fish
Marriage Focus	Media & Morals in UK
Men in Christ	Moslem Dialogue
New Church &	Agape Cafe
News & World Items	No. 72 North Street
Praise in Park/Hill	Samaritan's Purse
School Chaplaincy	Sudbury on Show
Town Pastors	WATCH (Hospital)
Way Inn/Dorcas	<b><i>among other things!</i></b>